



Explore the Amazing Brain! | Book Lists

Brain Awareness Week ● March 15-21

Continue expanding your brain awareness! These books (and many others) about the workings of your brain, mental health, and other brain topics are available at Kent County Public Library. To request a book, use the online catalog at kentcountylibrary.org or call 410-778-3636.

Books for Kids

Fiction

OCDaniel by Wesley King

Before the Ever After by Jacqueline Woodson

Tuff Fluff: The Case of Duckie's Missing Brain by Scott Nash

Now by Antoinette Portis

Fish in a Tree by Lynda Hunt

Out of My Mind by Sharon Draper

The Unforgettable Guinevere St. Clair by Amy Makechnie

The Boy Who Dreamed of Infinity: A Tale of the Genius Ramanujan by Amy Alznauer

Stargazing by Jen Wang

Brains and the Beanstalk by Annie Auerbach

Tornado Brain by Cat Patrick

The Horror at Happy Landings by R. L. Stine

Non-Fiction

1001 Facts about the Human Body by Sarah Brewer

Human Body by Richard Walker

Math Potatoes: Mind-Stretching Brain Food by Greg Tang

Can You See What I See? Picture Puzzles to Search and Solve by Walter Wick

They Lost Their Heads!: What Happened to Washington's Teeth, Einstein's Brain, and Other Famous Body Parts
by Carlyn Beccia

In the Dark: The Science of What Happens at Night by Lisa Deresti Betik

Brains on! Presents...It's alive: From Neurons and Narwhals to the Fungus Among Us by Molly Bloom

Brains, Brains, and Other Horrifying Breakfasts by Ali Vega

Knowledge Genius! A Quiz Encyclopedia to Boost Your Brain

Brilliant Brain by Anna Claybourne



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Books for Teens

Fiction

Flowers for Algernon by Daniel Keyes

Holding up the Universe by Jennifer Niven

A Mango Shaped Space by Wendy Mass

Both of Me by Jonathan Friesen

Turtles All the Way Down by John Green

This Story is a Lie by Tom Pollock

Calvin: A Novel by Martine Leavitt

Parenthesis by Elodie Durand

Take Me There by Susane Colasanti

Who Put This Song On? by Morgan Parker

Non-Fiction

Don't Call me crazy: 33 Voices Start the Conversation about Mental Health edited by Kelly Jensen

Your Brain Needs a Hug: Life, Love, Mental Health, and Sandwiches by Rae Earl

Brainstorm: The Power and Purpose of the Teenage Brain by Daniel Siegel

Knowledge Genius! A Quiz Encyclopedia to Boost Your Brain

This is Your Brain on stereotypes: How Science is Tackling Unconscious Bias by Tanya Lloyd Kyl

Fooled Ya! How Your Brain Gets Tricked by Optical Illusions, Magicians, Hoaxes & More by Jordan Brown

Life Inside My Mind: 31 Authors Share Their Personal Struggles edited by Jessica Burkhart



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Books for Adults

Non-Fiction

Keep Sharp: Build a Better Brain at Any Age by Sanjay Gupta

When Brains Dream: Exploring the Science and Mystery of Sleep by Antonio Zadra

Grasp: The Science of Transforming How We Learn by Sanjay E. Sarma

The XX brain: The Groundbreaking Science Empowering Women to Maximize Cognitive Health and Prevent Alzheimer's Disease by Lisa Mosconi

How the Brain Works: The Facts Visually Explained by DK Publishing

Limitless Mind: Learn, Lead, and Live without Barriers by Jo Boaler

Unthinkable: An Extraordinary Journey Through the Worlds Strangest Brains by Helen Thomson

Unbroken Brain: A Revolutionary New Way of Understanding Addiction by Maia Szalavitz

Brain Maker: The Power of Gut Microbes to Heal and Protect Your Brain for Life by David Perlmutter

Reclaim Your Brain: How to Calm Your Thoughts, Heal Your Mind and Bring Your Life Back Under Control by Joseph A. Annibali

The Anxiety First Aid Kit: Quick Tools for Extreme, Uncertain Times by Rick Hanson

Fiction

All this Time by Mikki Daughtry

The Man She Married by Cathy Lamb

Eleanor Oliphant is Complete Fine by Gail Honeyman

House Rules by Jodi Picoult

Everything Here is Beautiful by Mira Lee

The Memory of You by Jamie Beck

What Remains: The Suitcases of Charles F. at Willard State Hospital by Ilan Stavanas and Jon Crispin